

SELF-DOUBT DETOX

Affirmations

1. I am worthy of love, success, and happiness.
2. I trust in my abilities and believe in myself.
3. I am capable of overcoming challenges and achieving my goals.
4. I am deserving of all the good things life has to offer.
5. I release all self-doubt and embrace my inner strength.
6. I am enough, just as I am, and I am worthy of acceptance.
7. I trust in my intuition and follow my heart with confidence.
8. I am resilient and bounce back from setbacks stronger than ever.
9. I deserve to pursue my dreams and live a life of fulfillment.
10. I deserve success, and I celebrate my achievements with pride.

